

**“Supporting a Scientific
Approach to Human
Intervention Studies”**

**Charité Research
Organisation GmbH**
Charitéplatz 1
10117 Berlin-GERMANY

Telefon
+49 (0) 30 450 539 200
Fax
+49 (0) 30 450 539 900

E-Mail

[Esin.Demirbilek@charite-
research.org](mailto:Esin.Demirbilek@charite-research.org)



Visit us:
[http://www.charite-
research.org/](http://www.charite-research.org/)

Human Intervention Studies for Functional Foods

Charité Research Organisation (CRO) conducts human intervention studies with functional foods to substantiate health claims.

CRO conducts studies in a controlled research unit with a dedicated study team. Central to our offering is a close collaboration with our parent organization, Europe's leading university hospital: Charité – Universitätsmedizin Berlin. CRO is scientifically driven and focused on ensuring the selection and implementation within

studies of appropriate and sensitive biomarkers that are readily accepted within the broader scientific community.

Our basic proposition to the functional food industry is:

“Use our access to clinical expertise, advanced diagnostic technologies and biomarkers to explore the efficacy of products in relatively small volunteer populations as a tool to assist go/no go decision making, shape future studies and support health claims”

CRO is working in the following:

- Immunology
- Cardiovascular Health
- Weight Management
- Skin Health (Anti-aging)
- Digestive Health
- Bone/Skeleton Health
- Energy/Physical Performance Enhancers
- Cognitive/Mental Performance Enhancers
- Psychological Health

About Us

The Charité Research Organisation (CRO) is a Contract Research Organization which supports early/exploratory clinical development for Pharma, Biotech and Functional Food.

Based in Berlin, at the very heart of Europe, the CRO was founded in collaboration with Berlin's famous Charité University Hospital. This relationship fosters a level of

cooperation with centers of clinical excellence that we think is unique in the industry.

CRO operates its own, dedicated, ICH-GCP compliant research unit with a current capacity of 30 beds.

CRO is currently consulting several major food companies on their study design (inc. marker selection), protocol development, and

regulatory submissions as well as conducting clinical studies.

Founded in 1710, the Charité extends over four campuses with more than 100 clinics and institutes bundled under 17 CharitéCenters. Our 250 professors and 3,750 scientists and doctors engage in state-of-the-art research, patient care and education. More than half of the German Nobel Prize winners in medicine and physiology come from the Charité.

Interested in hearing more from us or do you have any questions? Call us or drop us a line! We are looking forward to receiving your requests and starting collaboration with you!